

# "Sense"-able Swimming



Are you  
swimming in a  
healthy pool?  
Use your Senses!

**Sight:** Look for water that's clean, clear and blue.

The painted stripes and drain should be clearly visible at the bottom of the pool.

**Touch:** Check for tiles that feel smooth and clean.

Sticky or slippery tiles are caused by algae and other unwanted organisms.

**Smell:** Make sure there are no strong odors.

Chlorine helps keep pools healthy, and will not cause a strong chemical odor in a well-maintained pool.

**Sound:** Listen for pool cleaning equipment.

Properly running pumps and filters make sure that clean, disinfected water reaches all parts of the pool.

**Taste:** Never drink or swallow pool water.

In fact, try to avoid getting it in your mouth at all.

**Common Sense:** Do your part to protect yourself and others.

Always shower before you swim, and never swim when you are ill with diarrhea.

For more information, visit [www.healthypools.org](http://www.healthypools.org)