North Central District Health Department

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 Vernon—375 Hartford Turnpike, Room 120, Vernon, CT 06066 * (860) 872-1501 Fax (860) 872-1531
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Patrice A. Sulik, MPH, R.S.
Director of Health

NORTH CENTRAL DISTRICT HEALTH DEPARTMENT
BOARD OF DIRECTORS
MINUTES OF REGULAR MEETING OF THE BOARD
Wednesday, November 18, 2026
Vernon Conference Room
375 Hartford Turnpike
Vernon , CT 06066

Members Present: Diane Wheelock, Chair, Val Romano, Fred Journalist, James Hoyne, Brandon Jewell, Caitlynn Abdow-Velasquez, Catherine Cannon, Ben Rodriguez and Bill Meier.

Members Absent: Dianne Trueb, Michael DellaVolpe, Dawn Maselek, and Victor Mathieu.

Also Present: Patrice Sulik, Director of Health, and Tung Nguyen, Deputy Director.

Call to Order/Determination of Quorum: The meeting was called to order by Diane Wheelock at 6:08 PM after a quorum was determined.

Executive Session:

N/A

Director of Health Update: Moved to December Meeting

Action on Consent Agenda:

1. Review of Meeting Dates for 2027.

   Bill Meier made a **motion**, seconded by Ben Rodriguez, to approve the calendar of meeting dates for 2027. The motion carried unanimously.

Committee Updates and Discussions - (Reports provided in written form for discussion - any action would follow in New Business)

1. Finance – William Meier- Reviewed Quarterly Financials-Moved to December Meeting.
2. Short and Long-Term Planning – Ben Rodriguez, Chair-Ben reviewed the Draft Strategic Plan with the Board.
3. Capital Improvements –Vic Mathieu, Chair-no update
4. Personnel – Val Romano, Chair-no update

Old Business

N/A

New Business

1. Transition to QuickBooks was not discussed

Adoption of Minutes

Val Romano made a **motion,** seconded by Ben Rodriguez, to waive the reading of the Minutes of the Annual Meeting of the NCDHD Board on September 9, 2026, and that Minutes of said meeting be approved. The motion carried with Bill Meier abstaining.

Adjournment

There being no further business to discuss, a **motion** was made by Val Romano, seconded by Caitlin Abdow-Velasquez, to adjourn. The motion carried unanimously, and the meeting was adjourned at 6:23 PM.

Respectfully submitted,

Patrice A. Sulik
Director of Health

Next Board Meeting: Regular Meeting of the Board, December 9, 2026, 6:00 PM, Enfield Headquarters, 31 North Main St, Enfield, CT 06082.