

RECOGNIZING AN OPIOID OVERDOSE

A person experiencing an opioid overdose may exhibit the following signs and symptoms:



Blue lips or
Skin



Unresponsive to
sound or touch



Pinpoint
pupils



Slow irregular
heartbeat



Slow, weak, or
no breathing

STIMULATION

Can you wake them up?



Shout their name
Shake their shoulders
Perform a sternum rub



IF NOT...

CALL 911

RESCUE BREATHING

Rescue breathing is CPR without compressions and should be done during the time between the last dose of Naloxone and when EMS arrives.



1. Tilt the persons head back
2. Pinch their nostrils
3. USING A CPR MASK seal your mouth to their mouth
4. Breathe in one breath every 5 seconds.

THEIR CHEST SHOULD RISE, NOT THEIR STOMACH



ADMINISTER NALOXONE



1. Ensure the person is on their back; tilt their head back and place hand under their neck for support.
2. Remove packaging; hold device with your thumb on the plunger and two fingers on top (similar to nasal spray).
DO NOT PRESS PLUNGER BEFORE USE.
3. Insert device into nostril until your fingertips are touching their nose.
4. Press firmly on the plunger to release the dose.

IF NO CHANGE IN BREATHING AFTER 2-3 MINUTES, ADMINISTER SECOND DOSE.

OPIOID SUBSTANCE USE TREATMENT

OPTIONS IN CONNECTICUT

Scan the QR code to view the Connecticut Department of Mental Health and Addiction Services' (DMHAS) wide array of addiction related resources to assist residents of Connecticut, family members, and social service providers dealing with this issue.



CT HARM REDUCTION RESOURCES

Across the state, Mobile Outreach is available for all of your Harm Reduction needs, with new locations coming soon!



WHAT'S INSIDE THE KIT

Emergency medical personnel responding to an overdose incident have provided the kits to family members or loved ones, ensuring they have them on hand in case of a recurrence.

If an overdose occurred in the home, you should have received a Leave Behind Kit by First Responders. This kit includes:

- 2 doses of Naloxone (Narcan)
- Protective Equipment
 - Gloves
 - CPR Mask
- This Informational Postcard - which includes information on how to administer naloxone, recognize the signs of an overdose, and access treatment and harm reduction resources in the community.



Hope, Help, Heal

Ellington Opioid Awareness Committee